

Personal Health Budgets: including people with learning disabilities



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Webinar - suggested 'ground rules'

- Presenter will introduce participants at the beginning
- Please save questions for question slides
- Screen shot slides presented as overview, not in depth explanation
- Please say who you are before you ask the question
- Please hold on to any supplementary questions until everyone has had a chance to ask their question.
- Anything you want to say before we start?

Jason's story

Jason's PHB enabled him to have his own staff team and live on a farm similar to where he grew up. He goes on frequent walks and is now part of the local community. Since moving, there have been no incidents of self-harm and a significant reduction in the frequency and duration of his seizures. Jason used to live in a long stay in-patient unit.

Further stories can be found at:

www.personalhealthbudgets.england.nhs.uk/About/faqs/Personalhealthbudgetsandlearningdisabilities/?&excludepageid=0&msg=0

Why we developed the resource

- People with learning disabilities not always included
- Lack of understanding/joined up working regarding people with learning disabilities and PHBs
- Self-directed support can lead to better outcomes for people with complex needs including people with learning disabilities
- People identified in relation to the Winterbourne View programme should be considered for PHBs

How we developed the resource

- We had a steering group
- We worked with three sites
- Interviews with other sites/key stakeholders
- Guide organised around 'markers of progress'
- Includes examples from practice
- Also links to further resources

Who can have a personal health budget?

- People on NHS CHC:
 - From April 2014 - right to ask
 - From October 2014 - right to have a PHB
- Other people with long term health conditions or mental health problems

Any Questions?



Important things to think about – strong leadership

Having a persuasive champion such as the lead commissioner (Hull and Somerset)

- Strong local governance structures and ownership by wider health and social care community
- People with learning disabilities and family carers part of the implementation
- A commitment to working together and making things work – including for people with joint packages

Working together with people and families

“Information from other families is powerful”. (family carers West Sussex)

- People with learning disabilities and families at the heart of planning PHBs –both have valuable expertise although perspectives may differ
- Particular considerations for people with profound intellectual and multiple disabilities, and people who challenge

Getting the message across

*'Getting the Conversations Right' training
(Manchester)*

- There are often lots of services involved in the lives of people with learning disabilities – and they all need to work well together
- Young people in transition need education, child and adult services to work well together. Continuity can be vital

Providing clear information

The Manchester app enables people to develop their own support plans

- People need clear information in a range of formats, about PHBs, and in relation to their particular circumstances
- Need to think about ways of getting information to people with learning disabilities and family carers – for example through self-advocacy and family carer support networks

Thinking about the whole person

Brokerage can help people to think about community connecting, not just paid-for services (Manchester)

- Personal health budgets should cover the full range of health and social care needs
- People with learning disabilities may need support with things others take for granted – for example staying in touch with friends and neighbours, or having a day out
- Personal health budgets work well with people who have greater needs, including people who challenge services

Any questions?



Treating people as equal partners – a positive approach to risk

*A willingness to step into the unknown and take risks
(Dorset)*

- Involve people who know and care – use advocates if needed
- A balanced approach to risk - limiting opportunities creates risks too
- Consider the risks inherent in conventional services
- ‘Just enough support’
- Agree how to manage invasive procedures so they don’t impact on people’s lives

Providing support to help people plan

One page profiles and planning for health tools (West Sussex and Kent)

- Good quality support to plan is crucial, and should be separate from assessments of eligibility
- Support planning may take longer for people with learning disabilities
- Provide choice of support – and help to understand the possible
- Consider family carer needs when planning

People can take their budgets in the way that suits them

The brokerage service can help people with their PHBs (Somerset)

- Personal health budgets can be taken as:
 - A notional budget
 - Third party budget
 - Direct payment
- For those who lack capacity the direct payment can be made to a representative
- Provide a continuum of choice and control regarding budget management
- Much can be learned from the implementation of personal budgets in social care (good and bad)

Checking to see how things are going

*People First quality auditors to check local services
(Manchester)*

- Ask the person and their family
- Reviews should be linked to the outcomes agreed
- Have a range of ways people can ask advice/make changes between reviews
- Collect information about what works and what doesn't
- Share learning to improve services and gain strategic support
- Have relapse and contingency plans
- Build robust scrutiny into local systems

Final thoughts

- PHBs offer local leaders a great opportunity to work with disabled people, their families and local services to develop support that 'fits' the individual
- Take a 'can do' approach to improving choice and control and positive management of risks.
- PHBs are about the whole person – not just health needs or health care.
- Separate support planning from eligibility assessments, and ensure support for planning, including clear clinical advice.

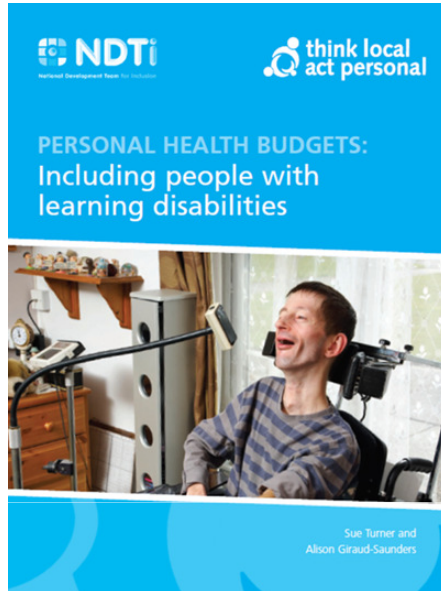
Any questions?

What other support would you find useful?

PHB learning network accessed from the PHB website:

www.personalhealthbudgets.england.nhs.uk/





[URL:www.thinklocalactpersonal.org.uk/ library/Reports/TLAPIncludingLD.pdf](http://www.thinklocalactpersonal.org.uk/library/Reports/TLAPIncludingLD.pdf)

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